



Glucose Align

**HEALTHY BLOOD SUGAR LEVELS
FROM PROVEN NATURAL
INGREDIENTS**



PUT GLUCOSE IN ITS PLACE

Glucose is the currency for cellular energy; it comes from the food you consume, but your body also produces it. It travels throughout your bloodstream, fuelling metabolic activity for each and every cell; but it does need some help. Glucose relies upon a pancreatic hormone called insulin, which is crucial for glucose to enter cells. Unfortunately, insulin can either be in short supply or cells do not respond properly to insulin (insulin resistance). Too much glucose in your bloodstream and not enough in your cells can lead to one of North America's—and the world's—fastest-growing chronic diseases, diabetes.

Diabetes Canada presents an alarming statistic: Almost 12 million Canadians are living with a condition called prediabetes. Without proactive steps, we know where this leads!

Adopting an active lifestyle, cutting back on carbohydrate consumption, and losing belly fat can help with prediabetes. In addition to lifestyle changes, the emergence of several clinically proven nutraceuticals shows promise for alleviating insulin resistance. This can lead to less glucose in your bloodstream and more for energizing your cells.

Glucose Align is formulated by naturopathic doctors, incorporating seven clinically studied and proven ingredients shown to help manage blood sugar levels and improve your quality of life.

- Clinically researched, naturally sourced **berberine** and **trans-resveratrol** in therapeutic quantities improve glycemic control.
- **Cinnamon**, **Gymnema sylvestre**, and **bitter melon** are well-researched nutrients for supporting healthier blood glucose levels.
- **DL-alpha-Lipoic acid** promotes healthy glucose metabolism while its antioxidant action helps with nerve conduction and symptoms of peripheral neuropathy.
- Chromium, in the highly bioavailable form of **chromium picolinate**, supports insulin sensitivity.

COMMON SIGNS OF ELEVATED BLOOD GLUCOSE INCLUDE

- Insatiable thirst
- Bothersome frequency of urination
- Unexplained weight fluctuations
- Chronic fatigue

These symptoms may warrant a visit with your health-care practitioner. A few lifestyle adjustments and benefiting from a natural supplement like Glucose Align could chart a new course in managing your health more effectively.



- ✓ **FULLY FORMULATED WITH 7 INGREDIENTS, EACH PROVEN IN CLINICAL STUDIES TO HELP SUPPORT HEALTHY BLOOD SUGAR LEVELS**
- ✓ **SYNERGISTIC FORMULA HELPS DRIVE BLOOD SUGAR INTO CELLS FOR BETTER UTILIZATION AND INCREASED VITALITY**
- ✓ **HELPS NORMALIZE BLOOD SUGAR FLUCTUATIONS**

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Glucose Align

Each vegetable capsule contains:

Berberine (from 200 mg of berberine hydrochloride)	181 mg
<i>trans</i> -Resveratrol	100 mg
(From 200 mg of Japanese knotweed [<i>Reynoutria japonica</i>] root extract)	
Cassia cinnamon (<i>Cinnamomum aromaticum</i>) bark extract, 10% polyphenols	50 mg
DL- <i>alpha</i> -Lipoic acid	50 mg
Bitter melon (<i>Momordica charantia</i>) fruit extract	25 mg
<i>Gymnema sylvestre</i> leaf extract, 25% gymnemic acids	25 mg
Chromium (from chromium picolinate)	250 mcg

Other ingredients:

Vegetable magnesium stearate and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

Directions of use:

Adults ≥ 19 years old: Take 2 capsules daily with a meal or as directed by your health-care practitioner.

Duration of use:

Consult a health-care practitioner for use beyond 6 weeks.

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- **Manufactured in Canada in a certified cGMP (Current Good Manufacturing Practices) facility.**
- **All ingredients and finished products are tested for quality and safety in an ISO 17025-accredited laboratory.**

To ensure these products are right for you, always read and follow the label.

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